



# Patient Instructions

## Welcome to Reproductive Specialty Laboratory of Middle Tennessee (RSL)

Your Physician has referred you to the RSL Andrology Laboratory for testing. Please call our office to schedule an appointment for this test (615-321-4740). For any test on semen (semen analysis, sperm penetration assay, semen culture, or sperm cryopreservation), abstinence from ejaculation for a period between 2 to 5 days before your appointment date is required for accurate test results.

When you arrive for your appointment, you will be given some forms to fill out and will be shown to a private collection room. The lab will give you instructions. After collection, you will check out at the front desk. Payment is required at the time of service.

We will Fax your test results to the referring physician's office within 7 working days. You will be referred back to his/her office for review of the Andrology test results. If you wish to consult with one of Nashville Fertility Center's physicians concerning your laboratory results, after obtaining the results from your physician, please contact NFC for an appointment (615-321-4740).

## **DIRECTIONS and PARKING**

Our address is **345 23<sup>rd</sup> Ave North, Suite 401, Nashville, TN 37203.**

Phone: **(615)321-4740** Fax: **(615)320-0240**

The parking garage is located directly across 23rd Avenue North from our building which is called, "Centennial Professional Plaza". Parking is free. Take the garage elevator to the 3rd floor and then take the overhead crosswalk to the building. You will be on the 2nd floor when you reach the building. Take the building elevator to the 4th floor. **Listed below are the directions to our office.**

### **From the West:**

I-40 to Nashville Exit at 46th Ave. Turn right at the light and go to Charlotte Pike. Turn left onto Charlotte Pike. Turn right onto 23rd Ave North. Turn left underneath the first overhead crosswalk into the garage.

### **From the North:**

I-65 south to I-40 Memphis / I-65 S. Birmingham (stay in the right hand lanes). Exit at Charlotte Ave and turn right. Turn left onto 23rd Ave North. Turn left underneath the first overhead crosswalk into the garage.

### **From the Northwest:**

I-24 to I-65 South to I-40 Nashville (stay in the right hand lanes). Exit at Charlotte Ave and turn right. Turn left onto 23rd Ave North. Turn left underneath the first overhead crosswalk into the garage.

### **From the East:**

I-40 West. Exit at Church Street and turn left. Go to the 8th red light, which will be 23rd Ave North and turn right. Turn right underneath the second overhead crosswalk into the garage.

### **From the South:**

I-65 North to I-40 Memphis. Exit at Church Street and turn left. Go to the 8th red light, which will be 23rd Ave North and turn right. Turn right underneath the second overhead crosswalk into the garage.

### **From Southeast:**

I-24 to I-40 Memphis. Exit at Church Street and turn left. Go to the 8th red light, which will be 23rd Ave North and turn right. Turn right underneath the second overhead crosswalk into the garage.